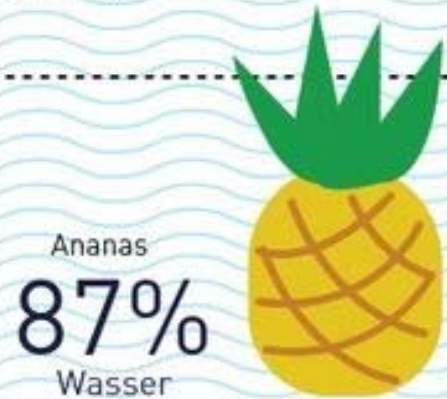


13 WEGE, WASSER ZU ESSEN



Mindestens
1,5 L
Wasser
pro Tag



Gurke
96%
Wasser

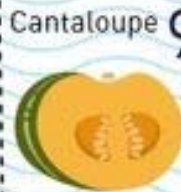


Tomaten
94%
Wasser



Radieschen
95%
Wasser

Erdbeeren
92%
Wasser



Cantaloupe
90%
Wasser



Spinat
96%
Wasser



Paprika
92%
Wasser



Orange
87%
Wasser



Wassermelone
92%
Wasser



Eisbergsalat
96%
Wasser